

Keep Sick Children Home

Family Guidelines for COVID-19



Dear Parents/Guardians,

To protect the health and safety of children, staff and the community we are taking necessary precautions to help stop the spread of COVID-19.

We will continue to follow our normal routine with some updates to ensure everyone's health and safety.

During this time it is imperative that your **emergency contact information** is up to date. Please let us know if there are any changes to this information.

WHAT ARE WE DOING?

- Only providing care for essential workers
- Increasing cleaning and disinfecting procedures
- Increasing hand washing for staff and children
- Eliminating activities that may be considering high risk (family meals, toothbrushing, sensory play, group activities that require shared materials)
- Maintaining routine and normalcy for our children, while increasing activities that promote social distancing (outdoor time, etc.)

SICK CHILDREN

We ask that you regularly monitor your children for any symptoms of COVID-19. **Every child will have a daily health check when entering programming.**

Children who are sick and showing symptoms of COVID-19 will be unable to participate in programming. Symptoms include a fever of 100.4 degrees or higher AND any respiratory symptoms including:

- Cough
- Runny Nose
- Sore Throat

Children excluded for fever and cough should stay home until they are 72 hours fever-free without the use of fever reducing medication. Or for 7 days after the illness began.

PICK UP AND DROP OFF

To maximize social distancing we are asking that all parents/guardians **stay outside during pick up and drop off**. Anyone entering the building will be required to disinfect and wash their hands immediately upon arrival.

AT THIS TIME WE ARE NOT ALLOWING THE FOLLOWING:

- Toys from home
- Sharing of food

For more information:

What To Do If You're Sick

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>

Yolo County Health Directives/Essential Workers

<https://www.yolocounty.org/Home/ShowDocument?id=62366>